

MENTAL HEALTH ASSISTANCE

SLIDING FEE SCALE PROVIDERS

*** (P) Indicates Psychiatrist Available

(P) Sterling Area Health Center 989-654-3501

Marsha Shroeder (E. Tawas) 989-984-0544

NON SLIDING FEE SCALE PROVIDERS

Deb Tomczak 989-846-4991

Winddancer (Pinconning) 989-879-2111

Lunn Gilchrist: Traveling Therapist at:

Pinconning Medical Center (Tuesdays)

989-879-3771

Prescott Clinic (Wednesdays) 989-873-3352

New Beginnings (E. Tawas) 989-362-7215

OTHER: MENTAL HEALTH

(P) Crossroads (Bay County) 989-391-9900

Must have a referral from AAM, and be uninsured to facilitate services thru Crossroads.

Telepsychiatrist is available

AAM Phone Number 800-448-5498

FREE OR LOW COST PRESCRIPTIONS

Needy Meds: NeedyMeds.org

Partnership for Prescription Assistance

888-477-2669

Together RX Access Program 888-444-4106

Prescription Relief 866-DRUG-686

Michigan Prescription Drug Discount Card

866-755-6479

\$4/\$10 GENERICS

WalMart Supercenter Stores

West Branch 989-343-9769/Bay City 989-684-1887

Kroger (Bay City/West Side) 989-686-3592

ADDITIONAL GENERIC PROGRAMS

Target (Bay City/West Side) 989-686-5143

KMart: West Branch 989-345-4880

Kmart: Bay City 989-686-6820

FREE ANTIBIOTICS (SELECT) AND

FREE PRE NATAL VITAMINS

Meijers (Bay City/West Side) 989-667-9500

***Also: Ask your health care provider for free samples and to continue prescribing any medication you are already taking.

BUDGETING ASSISTANCE

Greenpath Debt Solutions Inc. Center #5

(Saginaw) 800-547-5005

FREE BUDGETING FORMS

www.DaveRamsey.com

BetterBudgeting.com

www.free-financial-advice.net

LOCAL LIBRARIES

Au Gres Branch Library 989-876-8818

Mary Johnston Memorial Library 989-846-6611

Omer Branch Library 989-653-2230

West Branch Public Library 319-643-2633

ARENAC COUNTY RESOURCE GUIDE

CRISIS LINE 800-327-4693

ACCESS ALLIANCE OF MI

INTAKE: 800-448-5498

CUSTOMER SERVICE 888-482-8269

RIVERHAVEN COORDINATING AGENCY

800-448-5498

AA: AU GRES 989-876-6342

AA: STANDISH 989-654-3616

NA: 800-801-7177

** If there is a resource you need not listed in this brochure, please call this number for further assistance:

BAY ARENAC CALL CENTER

800-514-4211

BASIC NEEDS LIST

HOMELESS SHELTERS

American Red Cross-Arenac County
3727 Deep River Rd., Standish, MI 48658
(3 Apartments) 989-846-6333

Hope Anglican Church

(Emmanuel Mission) (Oscoda)
219 W. River Rd., Oscoda, MI 48750
989-739-5751 or 989-739-5406

Oscoda Full Gospel Community Church
115 First St., Oscoda, MI
989-739-0019

Emergency Assistance Program
2025 West M25, West Branch, MI 48661
989-345-8312

BAY ARENAC BEHAVIORAL HEALTH

201 MULHOLLAND

BAY CITY, MI 48708

CRISIS LINE: 24 HRS PER DAY/7 DAYS WEEK
989-895-2300

ACCESS ALLIANCE OF MICHIGAN

INTAKE: 800-448-5498

CUSTOMER SERVICE 888-482-8269

RIVERHAVEN COORDINATING AGENCY

800-448-5498

ALCOHOLICS ANONYMOUS (AA) :

AU GRES 989-876-6342

STANDISH 989-654-3616

NARCOTICS ANONYMOUS (NA)

800-801-7177

HOMELESS SHELTERS

Cornerstone Mission
1000 3rd St., Bay City, MI 48708
989-895-5099

Good Samaritan Rescue Mission
713 9th St., Bay City, MI 48708
989-893-5973

DOMESTIC VIOLENCE/SEXUAL ASSAULT

Bay Area Women's Center (Bay City)
800-834-2098
Shelterhouse (Midland/Gladwin County)
877-216-6383

YOUTH/RUNAWAY CRISIS SERVICES/SHELTERS

Cory Place, (Inc.) (Ages 6-18)
581 N. Scheurmann Rd., Bay City, MI 48708
800-292-4517

BASIC NEEDS ORGANIZATIONS

(Mortgage/Rent/Utilities/Medical/Etc.)
Dept. of Human Services (DHS) 989-846-5500
Bay County Health Dept. (Pinconning)
989-879-3081
American Red Cross-Arenac County
989-846-6333
Consumers Energy 800-477-5050
United Way 989-893-7508
Salvation Army-Arenac County 989-723-9753
North East Michigan Community Service Agency
866-270-0686
Fish, Inc. (East Tawas) 989-362-8788
St. Vincent de Paul 989-362-6584

SPECIALITY ORGANIZATIONS

Aleda E. Lutz VA Center 989-497-2500
Veterans Affairs 989-846-6484
Social Security Office 800-772-1213
Region IX Area Agency on Aging 866-484-7077
Sunrise Side Senior Services 800-686-0749

LEGAL SERVICES

Legal Services of Eastern MI 800-322-4512
Legal Services of Northern MI 800-872-8432
Legal Hotline For MI Seniors 800-347-5297
Center For Civil Justice 800-724-7441
Mid-Michigan Dispute Resolution Center
989-797-4188

TRANSPORTATION

Arenac Opportunities Inc. Dial-a-Ride
989-846-7500
DHS: Out of County Medical Appts.
989-846-5500
American Cancer Society: Cancer Patients
Dr. Appts. Only 877-499-4673

EMPLOYMENT ASSISTANCE

Michigan Works-Arenac Service Center
989-846-2111
www.Mlive.com
www.Monster.com
baycityjobs.org
Michigan Rehab Services-Arenac County
989-846-4190
Arenac Opportunities, Inc. (For the disabled)
989-846-4441

MORTGAGE/FORECLOSURE ASSISTANCE

State of Michigan Save the Dream 866-946-7432
HUD Housing Counseling & Referral Line
800-569-4287
Mortgage Hope Crisis Center 888-388-4673
Homeowners HOPE Hotline 888-995-4673
(888-995-HOPE)
United Way: 2-1-1
Michigan Foreclosure Project:
<http://miforeclosure.mplp.org>

SUBSIDIZED RENTAL UNITS FOR INDIVIDUALS & FAMILIES

Au Gres
Arenac Enterprises: Riverside Manor 989-876-8808
GLD Management: Hickory Hollow 989-846-4434
Management Resources Development:
Rousseau I Apts. 989-876-8585
Standish
Keystone Management DBA W.S. :
Mill Creek Apartments 989-846-9705
Management Resources Development:
Von Steinwehr Apts. 989-846-6421

SUBSIDIZED RENTAL UNITS FOR SENIORS/ DISABLED ONLY

Au Gres
GLD Management: Country Gardens II 989-846-4435
Standish
Willow Creek I & II Apartments (Age 62 and up)
989-846-4434

FOOD ASSISTANCE: GROCERIES

Au Gres
Au Gres Christian Charities 989-876-7975
St. Mark Catholic Church 989-876-7925
Linwood
St. Annes Parrish 989-697-4443
Omer
Arenac City Council on Aging (Age 60+)
Ossineke
North East Michigan Community Service Agency:
Temporary Emergency Food Program 866-270-0685

FOOD ASSISTANCE

Pinconning

Pinconning Area Emergency Food Pantry
989-879-2989
United Methodist Church 989-879-3271
Standish
Resurrection of the Lord Catholic Church
989-846-9565
Community United Methodist Church 989-846-6277
Sterling
Sterling United Methodist Church 989-654-2291
Turner
Good News Ministries Lutheran Church
989-756-2159

CLOTHING/HOUSEHOLD GOODS

Arenac Baby Pantry 989-846-6541
Resurrection of the Lord 989-846-9565
Sterling United Methodist church 989-654-2291
St. Vincent de Paul 989-873-5797

MEDICAID QUALIFIED HEALTH CARE PLANS

United Healthcare Great Lakes 800-903-5253
Health Plus Partners, Inc. 800-332-9161
Health Plan of MI 888-437-0606
McLaren Health Plan 888-327-0671
Molina Healthcare of MI 888-898-7969
OmniCare Health Plan, Inc. 866-316-3784
PHP-MM Family Care 800-562-6197
Priority Health Govt. Programs, Inc.
888-975-8102
ProCare 877-255-3055
Total Health Care 800-826-2862

SLIDING FEE SCALE MEDICAL ASSISTANCE

Alcona Health Centers (in Oscoda) 989-739-2550
Central Michigan District Health Department-
Arenac County 989-846-6541
Standish Community Hospital: Uninsured should
ask for Social Services Dept. for pay assistance.
Hosp. 989-846-4521/Walk-In Clinic 989-846-4888
Sterling Area Health Center 989-654-2491
Bayside Health Center (Bay City) 989-671-2000

DENTAL CARE

Alcona Health Centers-Dental Services (Oscoda)
989-739-7927
Dental Clinics North-West Branch 877-321-7070
Sterling Area Health Center-Dental Dept.
989-654-5152
Bayside Health Center (Bay City) 989-671-2000
Delta College (Bay City) 989-686-9469
OPTICAL
Central Michigan District Health Department-
Arenac County 989-846-6541
Standish Lions Club 989-846-4384
Sterling Area Health Center 989-654-2491