

MENTAL HEALTH ASSISTANCE

***(P)) Indicates Psychiatrist Available

SLIDING FEE SCALE PROVIDERS-

Catholic Family Services (CFS)
(Saginaw) 989-753-8446

CFS: Bill Markham (Caro) 989-673-5352
(Bill does not accept any insurances)

(NON SLIDING FEE SCALE PROVIDERS

(P) List Psychological Services 800-968-5701

P) Child & Family Services (Saginaw)
989-790-7500

(P) New Light Consultants: Outpatient
Millington 989-871-6695/Caro 989-672-0784

(Foster Care and Adoptions) 989-672-0784

(P) Genesy's Hillside Center 810-424-2400

Professional Counseling Service

(Tammy McPherson)

(Bad Axe) 989-269-5180

(Sandusky) 810-648-3248

Jeff Thompson MA LPC 810-404-8524

FREE/LOW COST PRESCRIPTIONS

Partnership for Prescription Assistance

888-477-2669

Needy Meds: www.needymeds.org

Michigan Prescription Drug Discount Card

866-755-6479

Community Prescription Support Program

100 S. Jefferson, Saginaw MI

\$4/\$10 GENERICS

WalMart 989-673-7922

Kroger (Frankenmuth) 989-652-0621

Kroger Bay City (East Side) 989-892-0313

Kroger Bay City (West Side) 989-686-3592

OTHER

Good Samaritan Fund (989) 673-6929

FREE ANTIBIOTICS/PRE NATAL VITAMINS

Meijers

Birch Run 989-624-1610/Bay City 989-891-1564

**Also: Ask your primary health care provider
for free samples and to continue any
medications.

REDUCED COST MEDICAL ASSISTANCE

St. Mary's of MI (Frankenmuth)

989-652-2210 or

989-652-2220 or 989-652-2230

(Vassar) 989-823-5220

TRANSPORTATION

Caro Thumb Buddy Express

989-673-8488

DHS: In & Out of County

Medical Appts.

989-673-9100

BUDGETING CLASSES

HDC: 800-843-6394

MSU Extension 810-648-2515 or

(Caro Office) 989-672-3870

FREE BUDGETING FORMS

www.DaveRamsey.com

BetterBudgeting.com

www.free-financial-advice.net

Www.balancepro.net

MEDICAID QUALIFIED HEALTH PLANS

United Hlthcare Gr. Lakes 800-903-5253

Health Plus Partners, Inc. 800-332-9161

Health Plan of MI 888-437-0606

McLaren Health Plan 888-327-0671

Molina Healthcare of MI 888-898-7969

PHP-MM Family Care 800-562-6197

Priority Health Govt. Programs, Inc.

888-975-8102

TUSCOLA BEHAVIORAL HEALTH SYSTEMS

323 STATE STREET

P.O. BOX 239

CARO, MI 48723

800-462-6814 OR 989-673-6191

AFTER HOURS CALL 800-327-4693

TUSCOLA COUNTY RESOURCE GUIDE

CRISIS LINE 800-462-6814

ACCESS ALLIANCE OF MICHIGAN

INTAKE: 800-448-5498

CUSTOMER SERVICE: 888-482-8269

RIVERHAVEN COORDINATING AGENCY

800-448-5498

AA: 800-870-3795

NA: 810-238-3636

SHELTER ASSISTANCE

Department of Human Services

1365 Cleaver Rd.

Caro, MI 48723

989-673-9100

Human Development Commission

429 Montague Ave.

Caro, MI 48723

989-673-4121

The Tuscola Homeless Coalition

989-672-7674

**DHS and HDC (above) must be
contacted prior

to contacting the Tuscola Homeless

Coalition for assistance.

Blue Water Center for Independent Living

(BWCIL) 989-673-3678

Tuscola Peer Center 989-673-2873

(Transitional Housing Only) 989-673-6127

Safe Horizons (Port Huron) 888-985-5538

(Safe Horizons has 2 Shelters)

Individuals and or Victims of Domestic and or

Sexual Violence:

1. Pathways (Men, Women, & Children).

810-982-1020

2. Carolyn's Place (Women & Children).

810-985-5538

DOMESTIC VIOLENCE/SEXUAL ASSAULT

Thumb Area Crisis Center 989-292-3666

Underground RR (Saginaw) 989-755-0411

Lapeer Area Citizens Against Domestic Assault

(Only available if the individual's hometown Domestic Violence Shelter is already full).

(L.A.C.A.D.A.) 810-667-4175

SHELTER FOR WOMEN FROM JAIL/REHAB

Emmaus House (Saginaw) 989-755-7538

YOUTH/RUNAWAY CRISIS SERVICE/SHELTERS

Inner Link (Saginaw)

1110 Howard St., Saginaw, MI 48601

989-753-3431

Cory Place, Inc. (Ages 6-18)

1005 Indiana St., Bay City, MI 48706

989-895-5563

Statewide Youth Line 800-292-4517

BASIC NEEDS ORGANIZATIONS

(Mortgage/Rent/Utilities/Medical/Etc.)

Dept of Human Services (DHS) 989-673-9100

Human Development Commission (HDC)

(800) 843-6394 or 989-673-4121

Thumb Resources.org

SPECIALITY ORGANIZATIONS

Aleda E Lutz VA Center 989-497-2500

Social Security Office 800-772-1213

Division on Aging (HDC) 989-673-4121

Thumb Area Big Brothers/Big Sisters

888-683-2227 or 989-673-6996

LEGAL SERVICES

Legal Services of Eastern Michigan

800-322-4512

Legal Hotline for Michigan Seniors

800-347-5297

Center for Dispute Resolution: HDC

989-672-4044

Center for Civil Justice 800-724-7441

MORTGAGE ASSISTANCE

Mortgage Hope Crisis Center 888-388-4673

HUD Housing Counsel & Referral 800-569-4287

MI State Housing Development Authority

866-946-7432

Clothing/Household Goods

Goodwill: Saginaw 989-799-4144/Caro 989-672-1155

Big Bro/Big Sis Second Chance Shop 989-673-6996

Mission Store 989-823-8803

Seventh Day Adv. Church 989-823-8791

EMPLOYMENT ASSISTANCE

Caro Thumb Area MI Works! 989-673-8103

Thumb Industries, Inc. 989-269-9229

MI Employment Security Commission

800-638-3995

Caro MI Rehab Services 877-920-7938

MGT. COMPANIES/APTS.

SUBSIDIZED RENTAL UNITS

www.showmetherent.com

(shows all available rental apts. & houses)

Caro

Caro Alpine Hills I & II 989-673-1335

Countryside Acres Apts. 800-968-1792

Grandview Estates 989-672-1500

Montague Place Apts. 800-968-1792

Sugarcreek Apts. 989-673-0515

Cass City

Fabe's LLC 810-376-4534

Northwood Heights 989-453-2522

Redman & Brock Invest., LLC 989-529-0820

Frankenmuth

Crest Property Mgt. (Heritage Villa Apts.)

989-262-7422

Heritage Villa II 989-652-3373

Gagetown

MRD, Inc. 517-351-1544

Rosecrans Apts. 989-293-5896

Kingston

King View 989-683-2613

MRD, Inc. 517-351-1544

Marlette

Bent Tree North 989-635-0051

Emerald Forest 989-635-7854

Mayville

Crestview 989-871-9858

Mayville Apts. 989-843-0988

Millington

Colony South Apts./Orchard Apts.

& Townhomes /Tyrolean Village

989-871-9858

Reese

Reese Bavaria South Apts. 800-225-7982

Stratford Apts. 989-354-2424

Richville

Paradigm Property Solutions, LLC 800-404-2037

MGT. COMPANIES/APTS.

SUBSIDIZED RENTAL UNITS

Sebewaing

Dix Apts. 989-883-3090

Sebewaing Terrace 989-883-3570

Unionville

MRD, Inc. 517-351-1544

Unionville Apts. (Dix Apts.) 989-883-3090

Vassar

Chalet North I & II 810-793-4531

Sandy Hill I & II/ Valley Greens 989-823-3230

Stratford Apts. 989-354-2424

Village Place 800-225-7982

FOOD ASSISTANCE

Food Bank of Eastern Michigan 810-239-4441

Michigan State University Extension

County Office 989-672-3870

Caro

HDC Commodity Supplemental Food

Program/Spoonfuls of Plenty Free Meals

(Wed. 4pm-6pm) 989-673-4121

Caro Methodist Church 989-673-2246

Good Samaritan Fund of Caro 989-673-6929

Sacred Heart Catholic Church 989-673-2346

Caro Church of the Nazarene 989-673-6175

Cass City (for Cass City School District Only)

Revive Ministries of CCMC 989-551-7803

Gagetown

St. Agatha Catholic Church 989-665-9966

Gagetown Church of the Nazarene 989-665-2635

Millington

Bethel Chapel Assem. Of god 989-871-4416

Silverwood

Dayton Center Church 989-843-6751

Unionville

Colling Church of the Nazarene 989-674-2288

Vassar

Vassar Food Pantry 989-823-8504

Juniata Baptist Church (every 2/3 months)

989-843-5752